

WHAT IS CLAIMED IS :

1. An herbal extract having anti-viral activity prepared by extracting comminuted fruit of *Fructus Ligustri Lucidi* (privet fruit) , Rhizoma *Polygonati* (sealwort) , *Herba Agrimoniae* (agrimony) , Radix *Rehmanniae Glutinosae* *Conquitae* (steamed glutinous rehmannia) or the mixture thereof, with at least one low polarity solvent.
- 5 2. The herbal extract according to claims 1, wherein a pre-extraction step may be performed before said extraction step by using any solvents selecting from a group consisting of methanol and ethanol as necessary.
- 10 3. The herbal extract according to claims 1, wherein a purification step is included after said extraction step.
- 15 4. The herbal extracts according to claims 3, wherein said purification step is performed by using silica gel.
5. The herbal extracts according to claims 4, wherein said purification step is performed with dichloromethane/ethyl acetate as the elution solution.
6. The herbal extract according to claims 1, wherein said low polarity solvents include solvents with the dielectric constant less than 10.
- 20 7. The herbal extract according to claims 6, wherein said low polarity solvents include ethyl acetate, dichloromethane, chloroform, carbon tetrachloride, cyclohexane, normal hexane, normal butyl alcohol, or benzene.
- 25 8. The herbal extract according to claims 1, wherein said viruses are enteroviruses.
9. A method to produce herbal extracts having anti-viral activity from comminuted fruit of *Fructus Ligustri Lucidi* (privet fruit) ,

Rhizoma Polygonati (sealwort) , Herba Agrimoniae (agrimonia) , Radix Rehmanniae Glutinosae Conquitae (steamed glutinous rehmannia) or the mixture thereof, with at least one low polarity solvent.

5 10. The method according to claims 9, wherein a pre-extraction step may be performed before said extraction step by using any solvents ranging from methanol to ethanol as necessary.

11. The method according to claims 9, wherein said a purification step is included after said extraction step.

10 12. The method according to claims 11, wherein said purification step is performed by using silica gel.

13. The method according to claims 12, wherein said purification step is performed with dichloromethane/ethyl acetate as the elution solution.

14. The method according to claims 9, wherein said low polarity solvents include solvents with the dielectric constant less than 10.

15 15. The method according to claims 14, wherein said low polarity solvents include ethyl acetate, dichloromethane, chloroform, carbon tetrachloride, cyclohexane, normal hexane, normal butyl alcohol, or benzene.

20 16. The method according to claims 9, wherein said viruses are enteroviruses.

17. A method to antagonize virus *in vitro* by having said viruses exposed to substances extracted from herbal medicines according to claims 1.

18. The method according to claims 17, wherein said viruses are enteroviruses.

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